

**Final Eligibility Committee List  
(for moves during January 2024)**



First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Freddie	Andrews	U11	Newport Harriers	Rhymney Valley AC	East Wales	20/01/2024
Rory	Collins	U15	Lliswerry Runners	Newport Harriers	East Wales	26/01/2024
Brigitte	Heasley	Senior	Parc Bryn Bach Running Club	Crickhowell Running Club	East Wales	25/01/2024
Matthew	Mulcahy	Senior	Caerleon RC	Griffithstown Harriers	East Wales	11/01/2024
Jaye	Price	Senior	Islwyn RC	Parc Bryn Bach Running Club	East Wales	10/01/2024
Cerys	Sims	Senior	Lliswerry Runners	Caerphilly Runners	East Wales	26/01/2024
Dylan	Byram	U20	Colwyn Bay AC	Menai Track and Field	North Wales	16/01/2024
Allan	Mckeown	Senior	Deestridders B S RC	Buckley RC	North Wales	27/01/2024
Cheryl	Anderson	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	24/01/2024
Mark	Barrett	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	18/01/2024
Jenny	Caulkett	Senior	Sarn Helen	Albany Road Run Club	South Wales	07/01/2024
Kenneth	Caulkett	Senior	Sarn Helen	Albany Road Run Club	South Wales	07/01/2024
Ellie	Clemence	Senior	Les Croupiers	CDF Runners	South Wales	24/01/2024
Sarah	Coote	Senior	Parc Bryn Bach Running Club	Cardiff Athletics	South Wales	08/11/2023
Catrin	Cousins	Senior	White Rock Runners	Albany Road Run Club	South Wales	11/01/2024
Michael	Drage	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	09/01/2024
Andrew	Jones	Senior	Aberdare Valley AAC	Merthyr Triathlon Club	South Wales	12/01/2024
Lucyann	Jones	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	05/01/2024
Suzy	Lloyd	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	11/01/2024
Math	Llwyd	Senior	Eryri Harriers	Les Croupiers	South Wales	09/01/2024
Bethan	May	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	23/01/2024
Graeme	P	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	10/01/2024
Samuel	Riddle	U13	Cardiff Archers	Cardiff Athletics	South Wales	31/01/2024
Katie	Smith	Senior	Heath Massive Run Club	Albany Road Run Club	South Wales	04/01/2024
Robert	Smith	Senior	CDF Runners	Albany Road Run Club	South Wales	01/01/2024
Jennifer	Stone	Senior	CDF Runners	Albany Road Run Club	South Wales	18/01/2024
John	Williams	Senior	Clwb Run Wales	Albany Road Run Club	South Wales	09/01/2024
Stuart	Booker	Senior	Swansea Harriers	3M Gorseinon Road Runners	West Wales	31/01/2024
Nicola	Bowen	Senior	Clwb Run Wales	Run4All Neath	West Wales	05/01/2024
Kerry	Davies	Senior	Clwb Run Wales	Cardigan RC	West Wales	31/01/2024
Millie	Gold	U17	Cardiff Athletics	Swansea Harriers	West Wales	26/01/2024
William	Hawker	U20	Rhymney Valley AC	Swansea Harriers	West Wales	24/11/2023
Hollie	Lewis	U17	Cardiff Archers	Swansea Harriers	West Wales	27/01/2024
Alice	Luther	Senior	Tri Hard Harriers	Amman Valley Harriers	West Wales	10/01/2024
Annamarie	Parsons	Senior	Neath Harriers	Port Talbot Harriers	West Wales	26/01/2024
Yori	Sheldon	U17	Pembrokeshire Harriers	Carmarthen & District Harriers	West Wales	10/01/2024
Mark	Truman	Senior	Run4All Neath	Celtic Tri	West Wales	01/02/2024
Megan	Williams	U20	Aberdare Valley AAC	Swansea Harriers	West Wales	15/01/2024